




Name: _____

Activity 2.3 JP – Our travel habits



1. Record the transport modes you have used this week.

		total
 walk		
 bike		
 bus		
 car		
 train		
 other		



2. Following are some ideas you could use to reduce the number of car trips you and your family make.

- walk – (less air pollution; makes you fitter)
- ride a bike for short trips
- car pool – (sharing a ride with others)
- combine trips – (using one car journey to do several things)
- make a shopping list – (avoids extra trips to get something that was forgotten).

Describe two ways in which you could help your family reduce car trips.

- _____

- _____
